IRISH CAR BOMBS

Ingredients:
½ oz. Baileys liquor
½ oz. Irish whiskey (Usually Jameson)
1 Guinness Beer

6.9% ALCOHOL

223 CALORIES PER 12 OZ.

THIS DRINK IS MEANT TO BE CHUGGED WHICH INCREASES CHANCES OF GETTING SICK

YOU WOULD HAVE TO RUN ALMOST 2.5 MILES TO BURN OFF THE CALORIES

C.E.A.S.E
Think about it.

Learn more at http://cease.sfsu.edu/alcohol